

# Our services

## In-person and virtual care (for adults and children)

The following list provides an overview of the comprehensive scope of services that may be provided in Everside Health centers (not a complete list). Everside's onsite clinicians make all treatment decisions with the health, well-being, and best interest of the patient as the foremost goal.

Primary and preventive care		Labs	
<ul style="list-style-type: none"><li>Acute illness visits &amp; treatment</li><li>Basic vision screening</li><li>Biometric screening</li><li>Blood pressure and vitals screening</li><li>Chronic condition management</li><li>Coordination with other providers (e.g., specialists, hospitals)</li><li>Depression &amp; anxiety</li><li>Family planning</li></ul>	<ul style="list-style-type: none"><li>Fitness &amp; nutrition coaching</li><li>Health risk assessment</li><li>Hearing screening (audiometry)</li><li>Lifestyle &amp; risk-reduction coaching</li><li>Pediatric visits</li><li>Pre-op evaluations &amp; clearance</li><li>Routine physicals and check-ups</li><li>Sports physicals</li><li>Women's health</li></ul>	<p>Blood draws and sample collections for most common labs, including:</p> <ul style="list-style-type: none"><li>Basic metabolic panel</li><li>Glucose test</li><li>Hemoglobin &amp; A1c</li><li>Lipid panel</li><li>Microalbumin-creatinine ratio</li></ul>	<ul style="list-style-type: none"><li>Pregnancy test</li><li>Rapid flu test</li><li>Rapid strep test</li><li>Stool guaiac test</li><li>Urinalysis</li></ul>

Vaccines			
<ul style="list-style-type: none"><li>Flu</li><li>Hepatitis A series</li><li>Hepatitis B series</li><li>Hib (haemophilus)</li></ul>	<ul style="list-style-type: none"><li>HPV series (human papillomavirus)</li><li>Meningococcal</li><li>MMR (measles, mumps, rubella)</li></ul>	<ul style="list-style-type: none"><li>Pneumococcal</li><li>Polio</li><li>Rotavirus</li><li>Td (tetanus, diphtheria)</li></ul>	<ul style="list-style-type: none"><li>Tdap (tetanus, diphtheria, pertussis)</li><li>Varicella (chickenpox)</li></ul>

Treatments & procedures			
<ul style="list-style-type: none"><li>Asthma/pulmonary treatments</li><li>Basic ENT procedures</li><li>Basic wound care</li><li>Ear lavage</li><li>Electrocardiogram (EKG)</li></ul>	<ul style="list-style-type: none"><li>Incision &amp; drainage of abscesses</li><li>Ingrown toenail removal</li><li>Joint injections</li><li>Laceration repair</li></ul>	<ul style="list-style-type: none"><li>Lung function screening (spirometry)</li><li>Pap test</li><li>Peak flow testing</li><li>Skin biopsy (lab not included)</li></ul>	<ul style="list-style-type: none"><li>Skin cyst removal</li><li>Skin tag &amp; wart removal (cryotherapy)</li><li>Stitches</li><li>Suture/staple removal</li></ul>

Health portal and mobile app: Visit <a href="https://members.eversidehealth.com">members.eversidehealth.com</a> to get access			
<ul style="list-style-type: none"><li>Available 24/7</li><li>Download your personal health record</li></ul>	<ul style="list-style-type: none"><li>Health education library</li><li>Manage prescriptions and request refills</li></ul>	<ul style="list-style-type: none"><li>Manage your membership</li><li>Schedule an appointment</li></ul>	<ul style="list-style-type: none"><li>Secure messaging with your provider</li><li>Video visits</li></ul>

Questions about a specific service? Call **513-315-8901** or visit [david.walter@eversidehealth.com](mailto:david.walter@eversidehealth.com)

